## **Phase I: REACTIONS**

Focus on feelings

So you just finished... [your shift, your morning assessment, caring for \_\_\_\_\_, completing \_\_\_\_, etc.]

How are your feeling?

## PHASE II: ANALYSIS

Focus on understanding/reflecting

Preview, advocacy, inquiry...

Reflective techniques...

Deeper dives, unpacking...

Discussion, teaching...

## **PHASE III: SUMMARY**

Focus on application of learning

Summarize or state at least one take-away from today's conversation that you will incorporate into your practice.

Collaboratively develop an action plan for moving forward.

SET	<b>PREVIEW:</b> I would like to discuss
	Is now a good time for you?
A	I SAW:
V	Sarah, I noticed that
A D V O C A C	Mark, at one point in your shift I saw/ heard that
Y	I THINK:
	I was thinking that
	my concern is
I	I WONDER:
$\mathbf{O}$	how were you seeing it?
Ų	what was your take on this?
I N Q U I R	if you can talk to me a bit about that?
1	what was going on for you then?
	what was on your mind at that time?
	what are your thoughts about this?
T E	CLOSE GAP:
T E A C	Listen.
H	Coaching tailored to learner's frame.
	REFERENCE: Rudolph, JW; Simon, R;Dufresne, RL; & Raemer, DB. (2006) There's No Such Thing as "Nonjudgmental" Debriefing: A Theory and Method for Debriefing with Good Judgment. Simulation in Healthcare, 1(1)

Adapted by: Rachel Onello, PhD, RN, CHSE, CNE, CNL